Values and Issues Inventory

Values
Select the three values that matter most to you, or write in other values of your choice. Values are characteristics we hold in high esteem, things that we give worth to.

When thinking about your own values, the following questions might help you to assess them:

1. What experiences and people have been important in shaping your core values and passions?
2. What do you notice about your values when you consider your choices, such as life directions, career, free time, lifestyle, donations and spending?
3. When you hear of world events or witness an injustice, what moves you most? With what have you been most troubled? Most delighted?

acceptance  beauty  commitment
communication community compassion courage creativity democracy dignity diversity equality faith family
freedom  harmony  healing
honesty  interdependence integrity joy justice knowledge love
opportunity  peace  preservation respect
responsibility  service  simplicity transformation

Top three values
Mine are: ______________________ ______________________ _________________________
Issues
Select the top three issues that concern you most. If one is clearly more significant to you, put a star next to it:

- ageism
- AIDS
- animals
- anti-Semitism
- anti-racism
- arts & culture
- boys
- Catholic charities
- children/child care
- civil rights
- community gardens
- community development
- corporate responsibility
- disabilities
- disaster relief
- domestic violence
- drug & alcohol abuse
- economic justice
- economic self-sufficiency
- education
- elder care/seniors
- employment
- training/jobs
- environment
- electoral reform
- faith-based community service
- GLBT civil rights
- girls
- health care/medical research
- homelessness/housing
- immigrants/refugee rights/services
- Jewish causes
- leadership development
- legal aid
- literacy
- media
- parks & land preservation

Top three issues
Mine are: ______________________ ______________ ______________